



Pre-Operative Instructions for IV Sedation or General Anesthesia

1. For patients who desire IV sedation or general anesthesia, please do not eat or drink anything, including water for six hours prior to surgery. Please take all usual medications with a few sips of water, unless advised otherwise.
2. The patient must be accompanied by a responsible adult who can stay in the clinic during surgery, take the patient home, and stay with him/her until the effects of anesthesia are gone (usually 6 hours).
3. Minor children, 17 and under must be accompanied by their parent or legal guardian who will stay in the clinic during surgery.
4. Comfortable, loose clothing should be worn the day of surgery and short sleeve shirts work best.
5. The following items should be removed prior to surgery: contact lenses, tongue rings, lip rings, hair ties/bands, watches and bracelets.
6. Please bring a list of all patient medications to the appointment.
7. After the procedure, patients should not drive, use dangerous equipment, or make important decisions until the next day.
8. Please contact our office if the patient has had any heart problems, or is taking blood thinning medications (including Aspirin), steroids, or insulin. A consultation may be recommended prior to surgery.